

# 5 Structure of our CLASSES

## 1 *Understanding Disability and Discrimination*

Morning Session:

- Welcome and course introduction.
- Icebreaker activities to build a supportive learning community.
- Definition and overview of disabilities, including different types and their impact.

Afternoon Session:

- Introduction to the concept of discrimination and its impact on people with disabilities.
- Group discussions on stereotypes, biases, and common misconceptions.
- Personal stories and experiences of participants related to disability and discrimination.

## 2 *The Power of Inclusive Language*

Morning Session:

- In-depth exploration of the importance of language in shaping perceptions.
- Identifying and analyzing common discriminatory language and phrases.
- Role-play exercises demonstrating the effects of language on individuals with disabilities.

Afternoon Session:

- Introduction to inclusive language principles.
- Interactive activities to practice using inclusive language.
- Peer feedback and discussions on real-life scenarios involving inclusive language.

## 3 *Non-Formal Education Techniques*

Morning Session:

- Introduction to NFE methods and their effectiveness in addressing sensitive topics.
- Workshops on using non-formal education techniques for teaching inclusive language and combatting discrimination.
- Role-playing and scenario-based activities for experiential learning.

Afternoon Session:

- Group projects where participants develop NFE activities and resources focused on inclusive language and disability awareness.
- Hands-on practice sessions using non-formal education tools and materials.
- Discussions on adapting these methods to various educational settings.

## 4 *Applying Inclusive Language in Practice*

Morning Session:

- Strategies for promoting the use of inclusive language in various contexts (education, workplace, public spaces, etc.).
- Developing inclusive language guidelines and policies.
- Case studies and success stories of organizations promoting inclusive language.

Afternoon Session:

- Small group discussions on creating action plans to implement inclusive language practices in specific settings.
- Guest speakers from disability rights organizations share their experiences and expertise.
- Peer review and feedback on action plans.

## 5 *Empowerment and Action Planning*

Morning Session:

- Evaluation of the course and its impact on participants' understanding and skills.
- Sharing and discussion of the non-formal education activities and action plans developed during the course.
- Empowering participants to become advocates for disability rights and inclusive language.

Afternoon Session:

- Action planning: setting personal and group goals for implementing inclusive language practices and promoting disability awareness.
- Certificates and course completion ceremony.
- Closing reflections and feedback.

**Get in touch with our team to find out when the next course is starting and how to enroll.**

**associaciouno.eu**



# OUR TRAINERS

Erasmus+ Project Trainers courses on KA1/KA210/KA220

## Patrizio Ricci

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Mr Ricci is an experienced EU Project Manager, designer, co-founder, and president of Uno. He has a track record of more than 50 approved Project Proposals and as an NFE trainer since 2020 in more than 20 EU funded projects.

He has worked on almost a hundred Erasmus+ projects since 2018, focusing on Social-Emotional Intelligence, Social Inclusion, Education through sports, Gender Equality in sports and fostering digital skills for disadvantaged people. He worked in countries such as Italy, China, the UK, Spain, and Lithuania and had a year-long experience as a Project Consultant for the EIC Accelerator of H2020.

He graduated in Contemporary History at the University of Roma Tre and holds a Master of Social Sciences in Chinese Studies at the University of Glasgow and a Professional Master in European Project Planning and Project Management at Pixel in Florence. He's Italian, fluent in Spanish and English and with limited knowledge of Mandarin Chinese and French.

## Giovanni Gonella

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Co-founder and treasurer of Uno, Mr Gonella, is an experienced Project Designer specialising in EU Funds such as Erasmus+, where he has submitted over 100 project proposals since 2018, of which more than 50 have been funded. He has extensive background as NFE trainer since 2021.

He graduated in Business Development and International Cooperation at the University of Parma and a Master's in International Relations, Economy and Politics at the University of Sacro Cuore in Milan, plus a Professional Master's in European Project Planning and Project Management at Pixel in Florence.

He is Italian, fluent in English, French and German and has a working knowledge of Spanish. He also has a long experience as a volunteer using NFE methodologies as a teacher and trainer in Nepal.



**Are you ready to take your Non-Formal Education skills to the next level?**

**Check our courses on**  
[associaciouno.eu](http://associaciouno.eu)